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# Irish Association for Palliative Care Monthly Newsletter

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## 2023 Platform Presentation Winner

We recently caught up with Dr. Cian Lannon, winner of the 2023 IAPC Platform Presentation for his presentation on 'Antimicrobial Stewardship in End of Life Care'. Here is what he had to say following his presentation win:

*Taking part and winning best presentation at the IAPC Education & Research Seminar has been a really rewarding experience. Getting the support to engage in research while doing clinical work promotes personal professional development as well as a culture that values research, benefitting the specialty as a whole. Through my own projects and others at the IAPC seminar I've seen that research in palliative care can have immediate benefit for patients' quality of life and so is an important part of practice. I found this encouragement early in my career helped me get the most out of my projects and has given me the confidence to engage in other projects in the future.*

Cian Lannon graduated from NUI Galway in 2018 and is a palliative care registrar currently working in Galway University Hospital.

Congratulations again Cian on a fantastic piece of research!

## 2022 IAPC Education & Research

# Seminar - Publication Update

We are delighted to congratulate Dr. Maria Walsh on the publication of her winning presentation from the 2022 Education & Research Seminar. The article has now been published in the BMJ Spc journal, following months of hard work and dedication.

Congratulations from everyone at the IAPC.

Attached are the links to the article:

Article: [Heart failure symptom burden in outpatient cardiology: observational cohort study](#)

[Free to access link](#)

The IAPC Education & Research Forum continue to work with the BMJSpC journal for our winning platform presentations.

## IAPC Forum Updates

As part of our ongoing development of Forums, we would like to announce that our new **Nursing** Forum has had two meetings and are looking forward to developing a work plan to support the work of the IAPC.

The IAPC **Ethics** Committee have developed a policy paper on Assisted Dying (to be published) and has requested a meeting with the Special Oireachtas Committee, more updates to follow.

## Workshop: The Importance of Patient & Public Involvement in Palliative Care

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## Irish Association for Palliative Care

The Importance of Patient & Public Involvement  
in Palliative Care Research



Education &  
Research  
Workshop

### Prof. Veronica Lambert

Veronica is Professor of Children and Family Nursing at Dublin City University. Veronica leads on children and family focused research and has a specific interest in understanding the experiences of children and families living with childhood long-term health conditions.



Thursday,  
25th May, 2023  
16:00 - 17:00  
via Zoom



We are delighted to announce that the 3rd and final workshop in our 'Education & Research' series will take place on Thursday, May 25th with the amazing Professor Veronica Lambert.

The workshop will take place over Zoom and will focus on:

- Public and patient involvement in research
- Public and patient involvement in Palliative Care Research
- Some useful resources/readings
- Questions and discussion

Register by clicking the button below, completing the attached form and returning to [admin@iapc.ie](mailto:admin@iapc.ie).

[Register Now](#)

## Expressions of Interest in joining the IAPC Education & Research Forum

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## Irish Association for Palliative Care Call for Expressions of Interest

Education &  
Research  
Forum

### About the Education & Research Forum

The IAPC Education and Research Forum is a major strand of the IAPC's work agenda.

The purpose of the Forum is to address Palliative Care education and research as arises under the IAPC's Mission to promote palliative care through education, representation and networking and thereby build capacity in palliative care at the individual and at the sector level on the Island of Ireland.



**Closing Date: 18th May**

**Apply Now!**

Email: [admin@iapc.ie](mailto:admin@iapc.ie)

The IAPC Education & Research Forum are now seeking an expression of interest from members of the IAPC to join them in supporting the work of the Forum to promote research opportunities across Ireland.

As a member of the IAPC you are eligible to become a member of the Forum and be part of the leadership group dedicated to directing the work of this strand of the IAPC's mission.

The E & R forum was established to promote and accelerate the undertaking of research among palliative care practitioners and researchers on the Island of Ireland.

Its purpose is to promote evidence-based research and build and increase research capacity for individuals in palliative care and at sectoral level.

Apply by clicking the button below, completing the attached form and returning to [admin@iapc.ie](mailto:admin@iapc.ie).

[Register Now](#)

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## Membership News

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## Webinar: Ethical Issues Relative to End of Life in the Nursing Home and Residential Care

**When?** Thursday, May 18th, 3:00 - 4:00 pm

**Speaker:** Dr Bernadette Brady, Consultant in Palliative Medicine, Our Lady's Hospice & Care Services and St Vincent's University Hospital, Dublin

This webinar will present up to date information on ethical issues relative to end of life in the nursing home and residential care.

Participants are invited to submit their topic-related questions at registration. Live questions from nursing homes will be fielded to the panel via the Q & A function.

This webinar will be recorded. It is brought to you as part of Caru, the learning programme for nursing homes. The Caru initiative has been developed by the Irish Hospice Foundation (IHF) in partnership with All Ireland Institute of Hospice and Palliative Care (AIHPC) and the HSE.

Use the button below for further information and registration info

[Learn More](#)

# Living With Loss

Public event for information on loss & grief



Local Bereavement  
Network • Dublin North  
Supported by Irish Hospice Foundation



## Living with Loss

**When?** Wednesday, May 17th, 7.30 pm - 9:00 pm

**Where:** Axis Ballymun

The Dublin North Bereavement Network are hosting a free information evening on loss and grief for people bereaved through any circumstance this May – through illness or sudden death; and may have lost a partner, parent, child, friend, sibling, work colleague or relative.

The event will provide information about grief and the range of bereavement supports available in the local area.

So, whether you have experienced a bereavement this year or at an earlier time, or you are concerned about a child or friend who is grieving and wish to help, we encourage you to attend.

[Learn More](#)

## Survey: Investigating the Relationship between Reported Burnout, Compassion Fatigue & Psychological Distress and the Coping Techniques and Self-Care

## Palliative Care Staff

You are being invited to take part in a research study that is being conducted as part of a Postgraduate MSc in Applied psychology at Trinity College Dublin by researcher Katie Dolan under the supervision of Dr. Tim Trimble.

Before you decide whether or not you wish to take part, please read this information sheet carefully. You should understand the risks and benefits of taking part in this study so that you can make a decision that is right for you.

For any queries please contact the researcher Katie Dolan, [dolank1@tcd.ie](mailto:dolank1@tcd.ie) or the supervisor Dr. Tim Trimble [TRIMBLT@tcd.ie](mailto:TRIMBLT@tcd.ie)

This information leaflet has five main parts:

Part 1 – The Study

Part 2 – Data Protection

Part 3 – Costs, Funding and Approval

Part 4 – Future Research

Part 5 – Further Information

[Learn More](#)

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## European Association for Palliative Care - Weekly Digest



**How a resource-oriented approach can enhance palliative care.**

*patient and relative quality of life, and this can be supported by helping them to identify and draw on their internal, external, community and society-based resources. For today's blog, Prof. Mathieu Bernard tells us about the 'resource oriented' approach which can complement palliative care practice.*

[Read more](#)

## **EAPC Board Elections 2023: How to vote!**

*In the last blog, we introduced the candidates for the EAPC board of directors, and soon it's over to EAPC members to make their decision. Voting opens on 5th June 2023 and closes on the 16th June 2023. Catherine Walshe and Danila Valenti, from the EAPC's Election Oversight Committee will now tell you all you need to know about who can vote and how to vote at this important election.*

[Read More](#)



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## Dates for Your Diary



# IAPC

A Voice for Palliative Care in  
Ireland

17th May - Living with Loss, 7.30 pm -  
9:00 pm

18th May - Webinar: Ethical Issues  
Relative to End of Life in the Nursing  
Home and Residential Care

18th May - E&R Forum - Expressions of  
Interest Deadline

25th May - Workshop:

The Importance of Patient & Public  
Involvement in Palliative Care Research  
with Professor Veronica Lambert via  
Zoom 4:00 pm - 5:00 pm

6th July - Education & Research Forum  
Meeting



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