

IAPC April Newsletter

From IAPC <comms@iapc.ie> via mailchimpapp.net

Date Fri 18/04/2025 17:30

To Irish Association for Palliative Care Comms < comms@iapc.ie>



A Voice for Palliative Care in Ireland



Irish Association for Palliative Care

April Newsletter

CEO Update

The IAPC is currently welcoming applications for the role of Chief Executive Officer, a leadership position at a pivotal time for the organisation. We are seeking a dynamic individual to help drive forward our mission and strategic goals. If you or someone you know is interested in this exciting opportunity, we encourage you to explore the Candidate Information Booklet, which outlines the role, responsibilities, and application process in detail.

In other news, preparations are in full swing for our upcoming Membership Workshop taking place on June 10th. We are delighted to be joined by Marie Cooper, who will lead what promises to be a thought-provoking and interactive session. This workshop is a valuable opportunity for members to connect, share insights, and contribute to key discussions shaping palliative care practice in Ireland.

Finally, we'd like to remind members that our forums—Nursing, Pharmacy, and Ethics—are always open to new expressions of interest. These forums are central to the IAPC's work, providing space for peer engagement, professional development, and the advancement of best practices in palliative care. If you're passionate about your area of practice and would like to contribute to the work of the IAPC, we would love to hear from you.

We request that you share this announcement within your professional networks and with colleagues who may be interested in applying for this role. More details on the recruitment process can be found below.







Readiness to Engage in Advance Care Planning for Self and Others among Palliative Care Staff: A Unique Perspective

We need you to complete an online survey, please note that It takes 10-15 minutes to complete and it is anonymous. If you would like to take part please click here or use the QR code below to access the survey. If you have any questions, contact Tadhg Gleeson at tadhg.gleeson@ucdconnect.ie or Dr Monika Pilch at monika.pilch@ucd.ie

The IAPC welcomes the HSE's commitment in its Capital Plan 2025 to advance palliative care projects at key regional locations, including North West Hospice in Sligo, Donegal Hospice in Letterkenny, Drogheda, Tullamore, St. Francis Raheny, and Cavan. These developments represent important progress in expanding access to specialist palliative care services across the country.







Capital Plan 2025

HSE Capital Plan 2025

Guiding young people with complex needs through the journey to adult palliative care

Transitioning from paediatric to adult palliative care can be a challenging and emotional time for young people and their families. The shift often means leaving behind long-standing relationships with trusted care teams and navigating a very different adult care environment. Recognising this, a team from Sant Joan de Déu Children's Hospital (SJD) in Barcelona—Esther Lasheras, Eduard Pellicer, and Sergi Navarro—have developed a new research programme focused on improving this critical phase. The A10! Transition Programme highlights two essential components for a successful transition: thorough preparation and a well-supported transfer process. This innovative approach aims to ensure that young people feel guided and supported as they move forward in their care journey.

Read the Article Here

Key informants' perspectives on integrating community health workers into palliative care teams

Access to palliative care continues to be uneven, especially among underserved communities. A recent U.S. study explored how Community Health Workers (CHWs) could help bridge this gap by supporting African American patients with advanced cancer. Through interviews with 25 stakeholders—including palliative care providers, oncologists, care navigators, and CHWs—the research identified both challenges and opportunities in integrating CHWs into palliative care teams.

Key recommendations included increasing awareness of the CHW role, enhancing communication within care teams, improving access to resources, strengthening CHW training, and ensuring leadership support. While barriers such as limited training and unclear roles remain, the study highlights the strong potential of CHWs to improve equity and access in palliative care when properly supported and integrated.

Research Article

Dublin Certificate in Evidence Based Palliative Care Autumn 2025



The Dublin Certificate in Evidence Based Palliative Care is a 12-week blended learning programme designed for registered healthcare professionals to deepen their knowledge and skills in holistic palliative care symptom management. Running from 16 September to 2 December 2025, the course combines online learning with in-person sessions at Our Lady's Hospice & Care Services, Dublin. Topics include pain management, communication, ethical issues, and more, with CPD accreditation available; course fee is €450.

Further Information Here

IHF Cycle Challenge 2025

The Irish Hospice Foundation has launched details of its <u>IHF Cycle Challenge for 2025</u>. This is the largest in-person fundraiser in the Irish Hospice Foundation calendar, and this year the cycle route goes from Munich to Milan, a 500 km route taking in five countries over five days during the week-long trip.

Register Here

Kaleidoscope Conference 2025



The 17th Kaleidoscope
Conference, hosted by St.
Francis Hospice Dublin,
will take place on 16th &
17th May 2025. This
hybrid event will be held
in-person at the
Convention Centre Dublin
and also available virtually.

Further Information

Upcoming Bereavement Information Evening – Dublin South Bereavement Network

For anyone affected by bereavement or supporting someone who is grieving, the Dublin South Bereavement Network will be hosting a free information evening on Tuesday, 29th April 2025, from 7:00 PM – 9:00 PM at the Hilton Dublin Kilmainham, South Circular Road, Dublin 8 (D08 XAK3).

Further Information Here

Study Day: Comprehensive Pain Management



INTERDISCIPLINARY PAIN MANAGEMENT IN PALLIATIVE CARE COURSE

<u>Pain is a commonly reported symptom by</u> <u>individuals with palliative care conditions.</u>

This study day aims to deepen participants understanding and knowledge on how to manage pain both from a pharmacological and non-pharmacological perspective. This course is suitable for all members of the interdisciplinary team.

The following topics will be covered:

- Pain Assessment
- · Pharmacological Management of Pain
- Non-pharmacological Management of Pain
- Transferring Knowledge into Clinical Practice

Date: Thursday, 1st May 2025

Time: 10 - 16:30

Location: Education Centre

St Francis Hospice Blanchardstown

Fee: €125

Register your place via our website www.sfh.ie



Register Here



Dates for your Diary

Tuesday, 29th April 2025, 7:00 PM – 9:00 PM at the Hilton Dublin Kilmainham, South Circular Road. Bereavement Information Evening – Dublin South Bereavement Network

14 May, in-person, 08:30-16:00, International Conference: Breaking Barriers - Enhancing Cancer Care for Individuals with Intellectual Disabilities, School of Nursing and Midwifery, TCD, Registration: here.

15th May: Supporting Grieving Employees - Upcoming Workshop for Managers, IHF

16th & 17th May 2025: The 17th Kaleidoscope Conference, hosted by St. Francis Hospice Dublin,

29 – 31 May: in person, 19th World Congress of the European Association for Palliative Care, Helsinki, for further information, visit <u>link</u>.

10th June: IAPC in collaboration with Marie Cooper Virtual Workshop



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